The New POMA Website

The new POMA website allows active POMA members to access their CME credits, pay membership dues and register for convention, view archives of the *POMA Newsletter* and *The Journal of the POMA* and complete surveys online. Non-POMA members may view the public site but they are restricted from the privileges of active POMA members. Become a member of POMA's online community today by registering at *http://www.poma.org*!

Registration/Login Instructions for POMA Online
First Time Users
- Visit *http://www.poma.org.*
- Click the *Register* button on the upper right hand side of the page.
- Enter your AOA number, without the leading zero, in the box provided.
- Select your POMA membership status by clicking the appropriate button and click *Continue.*
- Select your osteopathic medical school and graduation year from the pull-down list to verify your identity and click *Continue.*
- Verify the information provided and complete the remaining fields.
- Once done, click *Register.* You will then be directed to the POMA home page.

Returning Users
- Visit *http://www.poma.org.*
- Click the *Login* button on the upper right hand side of the page.
- Enter your AOA number, without the leading zero, and your password then click *Login.*

Forget Your Password?
- Click the *Login* button on the upper right hand side of the page.
- Click *Forgot Password?*
- Enter your AOA number, without the leading zero, and click *Send Password.*
  Your password will be sent to the e-mail address you provided during registration.

Your POMA Membership Status
- Visit *http://www.poma.org.*
- Login to the POMA website with your AOA number and password.
- On the upper left side of the home page is the POMA Membership box.
  Your membership status appears here.

Paying POMA Membership Dues
Online payment of your POMA membership dues is processed through PayPal, a secure website for safe, easy online payments. If you have used PayPal and already have a PayPal account, you have the option to login through the POMA payment page. If you have not used PayPal, you can still pay online by entering your billing information for your credit card.
- Visit *http://www.poma.org.*
- Login to the POMA website with your AOA number and password.
- Click *Pay Dues* in the POMA Membership box on the upper left side of the home page.
- Click *Pay* to be directed to PayPal to complete and review your transaction.
- After paying membership dues you will be granted access to the entire POMA website, including your CME credits and the archives.

Accessing Your CME Credits

Only active POMA members are able to access the CME page on the POMA website.

- Visit *http://www.poma.org*.
- Login to the POMA website with your AOA number and password.
- Select *My Continuing Medical Education Credits* from the *POMA* drop down menu, or click *Go* next to View CME Records in the POMA Membership box on the upper left side of the page. You will be redirected to the continuing medical education page, where your credits will appear. Please note, only credits processed by the POMA for the current Pennsylvania licensure cycle appear. If you have any questions, please contact the POMA Central Office at (717) 939-9318 or e-mail *poma@poma.org.*

Managing and Updating Your User Profile

Members of the POMA online community are able to make changes to their e-mail address and password, as well as update their office and home addresses.

E-mail Address Change

- Visit *http://www.poma.org*.
- Login to the POMA website with your AOA number and password.
- Click on your username on the upper right hand side of the page.
- Click the *Manage User Credentials* tab.
- Click in the e-mail address field and re-type your new e-mail address.
- Click *Update* when complete.

Password Change

- Visit *http://www.poma.org*.
- Login to the POMA website with your AOA number and password.
- Click on your username on the upper right hand side of the page.
- Click the *Manage Password* tab.
- Enter your current password in the box provided, then enter your new password and confirm your new password in the appropriate boxes.
- Click *Change Password* when complete.

Profile Updates

- Visit *http://www.poma.org*.
- Login to the POMA website with your AOA number and password.
- Click on your username on the upper right hand side of the page.
- Click the *Manage Profile* tab.
- Enter the appropriate information in the corresponding boxes.
- Click *Update* when complete.

As always, if you have any questions regarding the POMA website, your POMA membership status, the payment of membership dues or your continuing medical education credits, please contact the POMA Central Office at (717) 939-9318, fax (717) 939-7255 or e-mail *poma@poma.org*.